

Nebo School District in partnership with Spanish Fork City presents a virtual

Love and Logic Parenting Workshop

"There's a lot of advice out there on how to raise your kids—some better than others. "Love and Logic" is a favorite of therapists, family life educators, teachers, principles and most importantly parents. It is practical, easy to learn and really effective! Come and enjoy this fun, upbeat and informative workshop full of useful tips!"

—Jonathan Sherman, LMFT, Family Therapist and Parent Educator

Where: Online: via Zoom

Dates: Thursdays- April 15th, 22, & 29 (all three for the full course)

Time: 6:00-7:30 pm

Cost: provided Free by Nebo School District in Partnership with Spanish Fork City.

Manuals are \$12 each and can be purchased with cash or check made out to Nebo School District. They are available at Park Elementary and Sierra Bonita Elementary.

This class will be capped at 50 participants. To sign up; email <u>aubree.judkins@nebo.edu</u> with your name, the Nebo District school your student attends and the email address you'd like the Zoom link sent to. The meeting ID and password will be emailed to you a few days before the class.