

Dear Parent or Guardian,

Nebo District is offering a mental health screener for students from 4 pm to 8 pm Monday, October 7, 2024, at Diamond Fork Middle School. We will be using Terrace Metrics software to measure mental and emotional strengths, as well as screen for anxiety, depression, and suicidal ideation of students in grades 6-12. Students in grades 3-5 may participate as well, and that screener will measure mental and emotional strengths, as well as screen for anxiety and depression.

If you would like to participate, please [sign up here](#) for an appointment. The assessment tool takes an average of 15 minutes to complete. Afterward, you and your student will meet with a school counselor or social worker to discuss the results of the assessment and receive resources as needed.

[Link to Parent Information Video \(2.5 minutes\)](#)

Prior to taking the mental health screener, a consent form needs to be completed by the parent/guardian. The consent form will be available upon arrival.

If you have any questions, please contact your school counselor.

Sincerely,

RaShel Shepherd, Ed.D.
Director of Student Success